

Supplemental Table 1. Clinical characteristics in 2012 in each gender

	Men (n=781)		Women (n=810)		p
	mean	SD	mean	SD	
Age, years old	65	± 7	64	± 7	0.001
Height (cm)	165.6	± 5.7	153.8	± 5.8	0.000
Body weight (Kg)	65.0	± 9.5	53.0	± 8.9	0.000
BMI (Kg/m <sup>2</sup> )	23.7	± 3.1	22.4	± 3.5	0.000
Waist circumference (cm)	86.0	± 8.4	82.5	± 9.4	0.000
SBP (mmHg)	129	± 17	123	± 17	0.000
DBP (mmHg)	78	± 11	73	± 10	0.000
TG (mg/dl)	131	± 81	104	± 57	0.000
HDL-C (mg/dl)	57	± 16	66	± 16	0.000
LDL-C (mg/dl)	122	± 33	130	± 32	0.000
FBS (mg/dl)	103	± 24	95	± 15	0.000
HbA1c (%)	5.5	± 0.8	5.3	± 0.5	0.000
Uric acid (mg/dl)	6.6	± 1.4	5.1	± 1.2	0.000
Cr (mg/dl)	1.05	± 0.20	0.78	± 0.18	0.000
eGFR (ml/min/1.73m <sup>2</sup> )	58.1	± 13.5	60	± 13.9	0.006
CKD Stage 1 / 2 / 3a / 3b / 4 / 5 (%)	2.0 / 21.9 / 65.4 / 10.1 / 0.5 / 0.0		4.3 / 30.2 / 58.8 / 5.9 / 0.6 / 0.1		0.000
Urinary protein - / + / 1+ / 2+ / 3+ (%)	67.1 / 5.0 / 21.3 / 5.1 / 1.5		81.5 / 3.6 / 11.7 / 2.8 / 0.4		0.000
Urinary occult blood - / + / 1+ / 2+ / 3+ (%)	80.7 / 4.4 / 3.8 / 8.1 / 3.1		52.3 / 8.6 / 7.3 / 23.3 / 8.4		0.000
Urine sugar - / + / 1+ / 2+ / 3+ (%)	96.3 / 0.6 / 1.2 / 0.8 / 1.2		99.5 / 0.0 / 0.5 / 0.0 / 0.0		0.000
Visit primary care physicians (%)	53.4		60.7		0.003
Received special health guidance service after visiting primary care physician (%)	17.5		13.8		0.126

Number of the data of waist circumference is 809 in women. Number of the data of FBS is 752 and 782 in men and in women, respectively. Number of data of HbA1c is 780 and 809 in men and in women, respectively.

Abbreviations are: SD; standard deviation, BMI; body mass index, SBP; systolic blood pressure, DBP; diastolic blood pressure, TG; triglyceride, HDL-C; high density lipoprotein cholesterol, LDL-C; low density lipoprotein cholesterol, FBS; fast blood sugar, Cr; serum creatinine, eGFR; estimated glomerular filtration ratio, CKD; chronic kidney disease.